

POST TREATMENT CARE

Laser Hair Removal

Laser 1st, LLC

1. Care should be taken to prevent trauma to the treated area for the first 2 or 3 days following treatment. Shaving should be avoided post treatment for 24 hours or until any sign of irritation has vanished. You may apply Vitamin E or Aloe Vera post treatment for a soothing effect.
2. A minimum SPF 30 Sunscreen (UVA/UVB) should be used for any sun exposure during your treatment. Sun tanning and tanning beds should be avoided for 24-48 hours.
3. Avoid any strenuous workout, hot tubs and spas for 24 hours
4. If the skin is broken or a blister appears, apply Bacitracin or Vaseline and **contact us**. Also for further protection, keep the affected area covered and moist with Aquaphor and avoid direct sunlight while experiencing these symptoms. Delayed blistering secondary to sun exposure has been noted up to 72 hours post treatment.
5. Cold packs or cortisone cream may be used to ease any temporary discomfort (do not use for open blister)
6. Makeup can be applied as long as the skin is not broken.
7. If you experience an irritated raised rash after treatment, Benadryl or Hydrocortisone should help relieve the itchiness. Although rare, these symptoms may take up to a several months to subside. Also, Avoid direct sunlight to the affected area while experiencing these symptoms.
8. Patients who have been tested for epidermal reaction with a test spot can return in 24-48 hours for treatment for the 1064 (Yag) or 30 minutes for the 755 (Alexandrite).
9. Hair may take up to 4 weeks or in some cases as little as a few days, to fall out following treatment.
10. Follow-up subsequent recommended treatment is usually 6-8 weeks (preferably 8 weeks).
11. **While tanning throughout the series of treatments is discouraged, if you do incur sun exposure, always use SPF 30 or higher sunscreen and no active tanning at least two weeks prior to next treatment.**

For questions or concerns, please call 706-860-5599